# SYMPOSIUM PROGRAM

## Dental fear and anxiety – from child to adult

| Thursday, October 6, 2022 | | |
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| 09:00 - 10:00 | | *Registration and coffee/croissant* |
| 10:00 - 10:15 | | Welcome to the Symposium<br>***Eva Lauridsen, Lars Andersson and Georgios Tsilingaridis*** |
| 10:15 - 12:00 | *1* | Dental fear and anxiety, general considerations<br>***Magnus Hakeberg and Tiril Willumsen*** |
| 12:00 - 13:00 | | *Lunch* |
| 13:00 - 13:45 | *2* | Normal psychological development from preschool to adulthood<br>***Gunnar Oland Åsen*** |
| 13:45 - 14:30 | *3* | Patient communication - how to win trust and communicate effectively with patients<br>***Robert Schibbye*** |
| 14:30 - 15:00 | | *Coffee break* |
| 15:00 - 16:00 | *4* | How do I approach children in different age groups – which non-medical tools should I use<br>***Anne Rønneberg*** |
| 16:00 - 16:30 | | Questions and answers |

| Friday, October 7, 2022 | | |
|---|---|---|
| 08:30 - 09:00 | | *Coffee* |
| 09:00 - 09:45 | *1* | Learning psychology – how fears are learned and unlearned<br>***Robert Schibbye*** |
| 09:45 - 10:30 | *2* | CBT and ICBT in children – Evidence based treatments for patients with dental fear and anxiety<br>***Robert Schibbye*** |
| 10:30 - 11:00 | | *Coffee break* |
| 11:00 - 12:00 | *3* | Conscious sedation and general anesthesia in children and adolescents<br>***Kristofer Andersson*** |
| 12:00 - 13:00 | | *Lunch* |
| 13:00 - 14:30 | *4* | Child abuse and neglect<br>***Therese Kvist*** |
| 14:30 - 15:00 | | *Coffee break* |
| 15:00 - 16:30 | *5* | How to meet patients with mental disorders in the oral health care<br>***Anne Kristine Bergem*** |
| 16:30 - 17:00 | | Questions and answers |
| 19:00 | | Symposium dinner |

| Saturday, October 8, 2022 | | |
|---|---|---|
| 08:30 - 09:00 | | *Coffee* |
| 09:00 – 09:45 | *1* | Clinical tips and tricks<br>***Mike Gow*** |
| 09:45 - 10:30 | *2* | Hypnosis in dental practice<br>***Mike Gow*** |
| 10:30 - 11:00 | | *Coffee break* |
| 11:00 - 12:30 | *3* | Sedation and CBT in general practice (adults)<br>***Mariann Saanum Hauge*** |
| 12:30 - 13:30 | | *Lunch* |
| 13:30 - 14:30 | *4* | Interdisciplinary treatment of patients with dental anxiety<br>***Bent Storå*** |
| 14:30 - 15:00 | | Closing discussion |